



DISCUSSION QUESTIONS

1. When you think about this past week, month, or season - what are some things that have caused your "heart to be troubled?"
2. Why is it significant that Jesus was on his way to the cross and yet was more concerned with the disciples' hearts?
3. How is it hopeful to know that Jesus is going to prepare a place for us? What makes that hard to believe?
4. Thomas knew that he could bring his doubts and questions to Jesus. What does that teach us about our own doubts?
5. When Jesus says he is the way, truth, and life he is making both an exclusive and inclusive claim. Why do you think that is so difficult for us to understand? Why might this be a stumbling block for some?
6. What are some ways that this "I AM" statement can help our hearts not be troubled? (Note: For many of us, it may simply be that it gives us the freedom to come to Christ with our struggles, doubts, questions. For some maybe it is an invitation to cry out to him when we are troubled. It likely won't be an easy and obvious answer, so take some time to think through this together.)