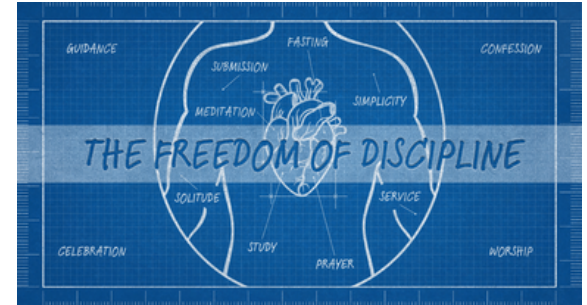


DISCUSSION QUESTIONS



1. What stood out to you about this week's spiritual discipline?
2. What has this spiritual discipline looked like in your own life?
3. What do you want this spiritual discipline to look like in your own life?
4. What could be a challenge to practicing this spiritual discipline?
5. What would be a good next step to help you engage a little more deeply with this spiritual discipline?