

CHOOSING THE GOOD PORTION

12•9•2025

LUKE 10:42

“Get out the door! GO, GO, GO! We are going to be late!!!” I yell across the house as we are trying to get everyone to the car. In this moment I realize that this has been the song of our season. We are rolling into school on what feels like one wheel most mornings. The activities we are adding to our plate are increasingly more. Don't forget soccer practice on Tuesday for one kid and practice on Thursday for another. Oh and two games on Saturday. Do we even have time to sit down and eat together this week? Wait, we have class Christmas parties on Friday too! Did I sign up to bring something? My mind swirls with all the to-do's as I'm reminded of Mary and Martha.

Much like the Advent season, a season of anticipation, preparation, and reflection, we often find ourselves caught up in the whirlwind of activity. In this passage, we see that Martha is busy with the tasks of hospitality, and the reality is that

Martha's service is commendable, but her heart was worried. Her anxiousness kept her from enjoying her guest. While her sister, Mary, sits at Jesus' feet listening. Martha sees Mary as being lazy when in fact she was being hospitable, and her heart was bent toward Jesus. Though Martha's work is good and important, Jesus gently reminds her that being present with him is better. Mary is seen as having a posture of stillness, attentiveness, and devotion.

The craziness of our to-do lists and the hustle and bustle of the season may cause us to be too busy to reflect on our Savior. But he is the “why.” Advent invites us to be like Mary—to pause, listen, and to make room in our hearts for Christ. In a season that celebrates his coming, we are reminded that he is already here, waiting for us to draw near.

PRAYER

Lord, forgive our hurriedness. Help us to slow down this Advent season and focus on seeking you above all else. Still us in your presence. May we not miss the joy of your coming by being consumed with busyness. Amen.



BY RACHEL MEEKS
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YOU ARE INVITED TO SPEND
Christmas
AT CEDAR SPRINGS