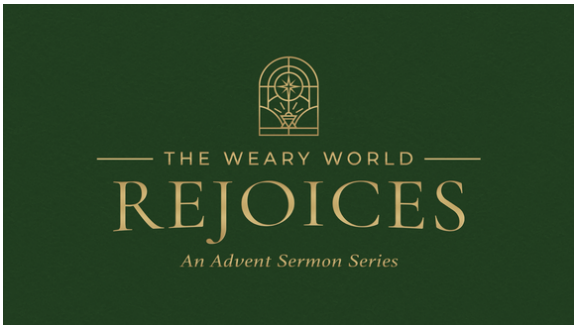
CEDAR SPRINGS
PRESBYTERIAN
Live Deeply

DISCUSSION QUESTIONS
Sunday Service
November 29, 2026
8 + 9:30 + 11AM



DISCUSSION QUESTIONS

1. What is your experience with taking your laments to God? Is it helpful? Does it seem awkward or arrogant to truly lament to God?
2. What is something you are experiencing now that you would take to God as a lament?
3. Do others know about what you are experiencing? If not, why?
4. Has there been a time when you truly felt Christ sitting with you in your grief? How about a time when you experienced others sitting with you, or you sitting with others?
5. How can you enter into the lives of those around you who are struggling this season? Who can you engage with if you are not in a season of struggling?
6. If you are struggling, how can others help you in the midst of this?

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